



Treaty Series No. 85 (1990)

# Anti-Doping Convention

Strasbourg, 16 November 1989

[The Convention entered into force on 1 March 1990]

*Presented to Parliament  
by the Secretary of State for Foreign and Commonwealth Affairs  
by Command of Her Majesty  
December 1990*

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# ANTI-DOPING CONVENTION

## Preamble

The member States of the Council of Europe, the other States party to the European Cultural Convention<sup>1</sup>, and other States, signatory hereto,

Considering that the aim of the Council of Europe is to achieve a greater unity between its members for the purpose of safeguarding and realising the ideals and principles which are their common heritage and of facilitating their economic and social progress;

Conscious that sport should play an important role in the protection of health, in moral and physical education and in promoting international understanding;

Concerned by the growing use of doping agents and methods by sportsmen and sportswomen throughout sport and the consequences thereof for the health of participants and the future of sport;

Mindful that this problem puts at risk the ethical principles and educational values embodied in the Olympic Charter, in the International Charter for Sport and Physical Education of Unesco and in Resolution (76) 41 of the Committee of Ministers of the Council of Europe, known as the "European Sport for All Charter";

Bearing in mind the anti-doping regulations, policies and declarations adopted by the international sports organisations;

Aware that public authorities and the voluntary sports organisations have complementary responsibilities to combat doping in sport, notably to ensure the proper conduct, on the basis of the principle of fair play, of sports events and to protect the health of those that take part in them;

Recognising that these authorities and organisations must work together for these purposes at all appropriate levels;

Recalling the resolutions on doping adopted by the Conference of European Ministers responsible for Sport, and in particular Resolution No. 1 adopted at the 6th Conference at Reykjavik in 1989;

Recalling that the Committee of Ministers of the Council of Europe has already adopted Resolution (67) 12 on the doping of athletes, Recommendation No. R (79) 8 on doping in sport, Recommendation No. R (84) 19 on the "European Anti-Doping Charter for Sport", and Recommendation No. R (88) 12 on the institution of doping controls without warning outside competitions;

Recalling Recommendation No. 5 on doping adopted by the 2nd International Conference of Ministers and Senior Officials responsible for Sport and Physical Education organised by Unesco at Moscow (1988);

Determined however to take further and stronger co-operative action aimed at the reduction and eventual elimination of doping in sport using as a basis the ethical values and practical measures contained in those instruments,

Have agreed as follows:

## ARTICLE I

### Aim of the Convention

The Parties, with a view to the reduction and eventual elimination of doping in sport, undertake, within the limits of their respective constitutional provisions, to take the steps necessary to apply the provisions of this Convention.

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<sup>1</sup>Treaty Series No. 49 (1955), Cmd. 9545.

## ARTICLE 2

### Definition and scope of the Convention

1. For the purposes of this Convention:
  - (a) "doping in sport" means the administration to sportsmen or sportswomen, or the use by them, of pharmacological classes of doping agents or doping methods;
  - (b) "pharmacological classes of doping agents or doping methods" means, subject to paragraph 2 below, those classes of doping agents or doping methods banned by the relevant international sports organisations and appearing in lists that have been approved by the Monitoring Group under the terms of Article 11.1.b;
  - (c) "sportsmen and sportswomen" means those persons who participate regularly in organised sports activities.
2. Until such time as a list of banned pharmacological classes of doping agents and doping methods is approved by the Monitoring Group under the terms of Article 11.1.b, the reference list in the appendix to this Convention shall apply.

## ARTICLE 3

### Domestic co-ordination

1. The Parties shall co-ordinate the policies and actions of their government departments and other public agencies concerned with combating doping in sport.
2. They shall ensure that there is practical application of this Convention, and in particular that the requirements under Article 7 are met, by entrusting, where appropriate, the implementation of some of the provisions of this Convention to a designated governmental or non-governmental sports authority or to a sports organisation.

## ARTICLE 4

### Measures to restrict the availability and use of banned doping agents and methods

1. The Parties shall adopt where appropriate legislation, regulations or administrative measures to restrict the availability (including provisions to control movement, possession, importation, distribution and sale) as well as the use in sport of banned doping agents and doping methods and, in particular, anabolic steroids.
2. To this end, the Parties or, where appropriate, the relevant non-governmental organisations shall make it a criterion for the grant of public subsidies to sports organisations that they effectively apply anti-doping regulations.
3. Furthermore, the Parties shall:
  - (a) assist their sports organisations to finance doping controls and analyses, either by direct subsidies or grants, or by recognising the costs of such controls and analyses when determining the overall subsidies or grants to be awarded to those organisations;
  - (b) take appropriate steps to withhold the grant of subsidies from public funds, for training purposes, to individual sportsmen and sportswomen who have been suspended following a doping offence in sport, during the period of their suspension;
  - (c) encourage and, where appropriate, facilitate the carrying out by their sports organisations of the doping controls required by the competent international sports organisations whether during or outside competitions; and
  - (d) encourage and facilitate the negotiation by sports organisations of agreements permitting their members to be tested by duly authorised doping control teams in other countries.
4. Parties reserve the right to adopt anti-doping regulations and to organise doping controls on their own initiative and on their own responsibility, provided that they are compatible with the relevant principles of this Convention.

## ARTICLE 5

### Laboratories

1. Each Party undertakes:
  - (a) either to establish or facilitate the establishment on its territory of one or more doping control laboratories suitable for consideration for accreditation under the criteria adopted by the relevant international sports organisations and approved by the Monitoring Group under the terms of Article 11.11.b; or
  - (b) to assist its sports organisations to gain access to such a laboratory on the territory of another Party.
2. These laboratories shall be encouraged to:
  - (a) take appropriate action to employ and retain, train and retrain qualified staff;
  - (b) undertake appropriate programmes of research and development into doping agents and methods used, or thought to be used, for the purposes of doping in sport and into analytical biochemistry and pharmacology with a view to obtaining a better understanding of the effects of various substances upon the human body and their consequences for athletic performance;
  - (c) publish and circulate promptly new data from their research.

## ARTICLE 6

### Education

1. The Parties undertake to devise and implement, where appropriate in co-operation with the sports organisations concerned and the mass media, educational programmes and *information campaigns emphasising the dangers to health inherent in doping and its harm* to the ethical values of sport. Such programmes and campaigns shall be directed at both young people in schools and sports clubs and their parents and at adult sportsmen and sportswomen, sports officials, coaches and trainers. For those involved in medicine, such educational programmes will emphasise respect for medical ethics.
2. The Parties undertake to encourage and promote research, in co-operation with the regional, national and international sports organisations concerned, into ways and means of devising scientifically-based physiological and psychological training programmes that respect the integrity of the human person.

## ARTICLE 7

### Co-operation with sports organisations on measures to be taken by them

1. The Parties undertake to encourage their sports organisations and through them the international sports organisations to formulate and apply all appropriate measures, falling within their competence, against doping in sport.
2. To this end, they shall encourage their sports organisations to clarify and harmonise their respective rights, obligations and duties, in particular by harmonising their:
  - (a) anti-doping regulations on the basis of the regulations agreed by the relevant international sports organisations;
  - (b) lists of banned pharmacological classes of doping agents and banned doping methods on the basis of the lists agreed by the relevant international sports organisations;
  - (c) doping control procedures;
  - (d) disciplinary procedures, applying agreed international principles of natural justice and ensuring respect for the fundamental rights of suspected sportsmen and sportswomen; these principles will include:
    - (i) the reporting and disciplinary bodies to be distinct from one another;
    - (ii) the right of such persons to a fair hearing and to be assisted or represented;
    - (iii) clear and enforceable provisions for appealing against any judgment made;

- (e) procedures for the imposition of effective penalties for officials, doctors, veterinary doctors, coaches, physiotherapists and other officials or accessories associated with infringements of the anti-doping regulations by sportsmen and sportswomen;
- (f) procedures for the mutual recognition of suspensions and other penalties imposed by other sports organisations in the same or other countries.

3. Moreover, the Parties shall encourage their sports organisations:

- (a) to introduce, on an effective scale, doping controls not only at, but also without advance warning at any appropriate time outside, competitions, such controls to be conducted in a way which is equitable for all sportsmen and sportswomen and which includes testing and retesting of persons selected, where appropriate, on a random basis;
- (b) to negotiate agreements with sports organisations of other countries permitting a sportsman or sportswoman training in another country to be tested by a duly authorised doping control team of that country;
- (c) to clarify and harmonise regulations on eligibility to take part in sports events which will include anti-doping criteria;
- (d) to promote active participation by sportsmen and sportswomen themselves in the anti-doping work of international sports organisations;
- (e) to make full and efficient use of the facilities available for doping analysis at the laboratories provided for by Article 5, both during and outside sports competitions;
- (f) to study scientific training methods and to devise guidelines to protect sportsmen and sportswomen of all ages, appropriate for each sport.

## ARTICLE 8

### International co-operation

1. The Parties shall co-operate closely on the matters covered by this Convention and shall encourage similar co-operation amongst their sports organisations.
2. The Parties undertake:
  - (a) to encourage their sports organisations to operate in a manner that promotes application of the provisions of this Convention within all the appropriate international sports organisations to which they are affiliated, including the refusal to ratify claims for world or regional records unless accompanied by an authenticated negative doping control report;
  - (b) to promote co-operation between the staffs of their doping control laboratories established or operating in pursuance of Article 5; and
  - (c) to initiate bilateral and multilateral co-operation between their appropriate agencies, authorities and organisations in order to achieve, at the international level as well, the purposes set out in Article 4.1.
3. The Parties with laboratories established or operating in pursuance of Article 5 undertake to assist other Parties to enable them to acquire the experience, skills and techniques necessary to establish their own laboratories.

## ARTICLE 9

### Provision of information

Each Party shall forward to the Secretary General of the Council of Europe, in one of the official languages of the Council of Europe, all relevant information concerning legislative and other measures taken by it for the purpose of complying with the terms of this Convention.

## ARTICLE 10

### Monitoring Group

1. For the purposes of this Convention, a Monitoring Group is hereby set up.
2. Any Party may be represented on the Monitoring Group by one or more delegates. Each Party shall have one vote.
3. Any State mentioned in Article 14.1 which is not a Party to this Convention may be represented on the Monitoring Group by an observer.
4. The Monitoring Group may, by unanimous decision, invite any non-member State of the Council of Europe which is not a Party to the Convention and any sports or other professional organisation concerned to be represented by an observer at one or more of its meetings.
5. The Monitoring Group shall be convened by the Secretary General. Its first meeting shall be held as soon as reasonably practicable, and in any case within one year after the date of the entry into force of the Convention. It shall subsequently meet whenever necessary, on the initiative of the Secretary General or a Party.
6. A majority of the Parties shall constitute a quorum for holding a meeting of the Monitoring Group.
7. The Monitoring Group shall meet in private.
8. Subject to the provisions of this Convention, the Monitoring Group shall draw up and adopt by consensus its own Rules of Procedure.

## ARTICLE 11

1. The Monitoring Group shall monitor the application of this Convention. It may in particular:
  - (a) keep under review the provisions of this Convention and examine any modifications necessary;
  - (b) approve the list, and any revision thereto, of pharmacological classes of doping agents and doping methods banned by the relevant international sports organisations, referred to in Articles 2.1 and 2.2, and the criteria for accreditation of laboratories, and any revision thereto, adopted by the said organisations, referred to in Article 5.1.a, and fix the date for the relevant decisions to enter into force;
  - (c) hold consultations with relevant sports organisations;
  - (d) make recommendations to the Parties concerning measures to be taken for the purposes of this Convention;
  - (e) recommend the appropriate measures to keep relevant international organisations and the public informed about the activities undertaken within the framework of this Convention;
  - (f) make recommendations to the Committee of Ministers concerning non-member States of the Council of Europe to be invited to accede to this Convention;
  - (g) make any proposal for improving the effectiveness of this Convention.
2. In order to discharge its functions, the Monitoring Group may, on its own initiative, arrange for meetings of groups of experts.

## ARTICLE 12

After each meeting, the Monitoring Group shall forward to the Committee of Ministers of the Council of Europe a report on its work and on the functioning of the Convention.

## ARTICLE 13

### Amendments to the Articles of the Convention

1. Amendments to the Articles of this Convention may be proposed by a Party, the Committee of Ministers of the Council of Europe or the Monitoring Group.
2. Any proposal for amendment shall be communicated by the Secretary General of the Council of Europe to the States mentioned in Article 14 and to every State which has acceded to or has been invited to accede to this Convention in accordance with the provisions of Article 16.
3. Any amendment proposed by a Party or the Committee of Ministers shall be communicated to the Monitoring Group at least two months before the meeting at which it is to be considered. The Monitoring Group shall submit to the Committee of Ministers its opinion on the proposed amendment, where appropriate after consultation with the relevant sports organisations.
4. The Committee of Ministers shall consider the proposed amendment and any opinion submitted by the Monitoring Group and may adopt the amendment.
5. The text of any amendment adopted by the Committee of Ministers in accordance with paragraph 4 of this Article shall be forwarded to the Parties for acceptance.
6. Any amendment adopted in accordance with paragraph 4 of this Article shall come into force on the first day of the month following the expiration of a period of one month after all Parties have informed the Secretary General of their acceptance thereof.

### Final clauses

## ARTICLE 14

1. This Convention shall be open for signature by member States of the Council of Europe, other States party to the European Cultural Convention and non-member States which have participated in the elaboration of this Convention, which may express their consent to be bound by:
  - (a) signature without reservation as to ratification, acceptance or approval, or
  - (b) signature subject to ratification, acceptance or approval, followed by ratification, acceptance or approval.
2. Instruments of ratification, acceptance or approval shall be deposited with the Secretary General of the Council of Europe.

## ARTICLE 15

1. The Convention shall enter into force on the first day of the month following the expiration of a period of one month after the date on which five States, including at least four member States of the Council of Europe, have expressed their consent to be bound by the Convention in accordance with the provisions of Article 14.
2. In respect of any signatory State which subsequently expresses its consent to be bound by it, the Convention shall enter into force on the first day of the month following the expiration of a period of one month after the date of signature or of the deposit of the instrument of ratification, acceptance or approval.

## ARTICLE 16

1. After the entry into force of this Convention, the Committee of Ministers of the Council of Europe, after consulting the Parties, may invite to accede to the Convention any non-member State by a decision taken by the majority provided for in Article 20.d of the Statute of the Council of Europe and by the unanimous vote of the representatives of the Contracting States entitled to sit on the Committee.

2. In respect of any acceding State, the Convention shall enter into force on the first day of the month following the expiration of a period of one month after the date of the deposit of the instrument of accession with the Secretary General of the Council of Europe.

#### ARTICLE 17

1. Any State may, at the time of signature or when depositing its instrument of ratification, acceptance, approval or accession, specify the territory or territories to which this Convention shall apply.

2. Any State may, at any later date, by a declaration addressed to the Secretary General of the Council of Europe, extend the application of this Convention to any other territory specified in the declaration. In respect of such territory the Convention shall enter into force on the first day of the month following the expiration of a period of one month after the date of receipt of such declaration by the Secretary General.

3. Any declaration made under the two preceding paragraphs may, in respect of any territory mentioned in such declaration, be withdrawn by a notification addressed to the Secretary General. Such withdrawal shall become effective on the first day of the month following the expiration of a period of six months after the date of receipt of the notification by the Secretary General.

#### ARTICLE 18

1. Any Party may, at any time, denounce this Convention by means of a notification addressed to the Secretary General of the Council of Europe.

2. Such denunciation shall become effective on the first day of the month following the expiration of a period of six months after the date of receipt of the notification by the Secretary General.

#### ARTICLE 19

The Secretary General of the Council of Europe shall notify the Parties, the other member States of the Council of Europe, the other States party to the European Cultural Convention, the non-member States which have participated in the elaboration of this Convention and any State which has acceded or has been invited to accede to it of:

- (a) any signature in accordance with Article 14;
- (b) the deposit of any instrument of ratification, acceptance, approval or accession in accordance with Article 14 or 16;
- (c) any date of entry into force of this Convention in accordance with Articles 15 and 16;
- (d) any information forwarded under the provisions of Article 9;
- (e) any report prepared in pursuance of the provisions of Article 12;
- (f) any proposal for amendment or any amendment adopted in accordance with Article 13 and the date on which the amendment comes into force;
- (g) any declaration made under the provisions of Article 17;
- (h) any notification made under the provisions of Article 18 and the date on which the denunciation takes effect;
- (i) any other act, notification or communication relating to this Convention.

In witness whereof the undersigned, being duly authorised thereto, have signed this Convention.

Done at Strasbourg, this 16th day of November 1989, in English and in French, both texts being equally authentic, in a single copy which shall be deposited in the archives of the Council of Europe. The Secretary General of the Council of Europe shall transmit certified copies to each member State of the Council of Europe, to the other States party to the European Cultural Convention, to the non-member States which have participated in the elaboration of this Convention and to any State invited to accede to it.



## SIGNATURES AND RATIFICATIONS

<i>State</i>	<i>Date of signature</i>	<i>Date of deposit of instrument of ratification, acceptance (AC) or approval (AP)</i>
Austria* ... ..	10 May 1990	
Belgium* ... ..	16 Nov. 1989	
Denmark† ... ..	16 Nov. 1989	
Finland* ... ..	16 Nov. 1989	26 Apr. 1990(AC)
France* ... ..	16 Nov. 1989	
Hungary ... ..	29 Jan. 1990	
Italy* ... ..	16 Nov. 1989	
Liechtenstein* ... ..	16 Nov. 1989	
Luxembourg* ... ..	16 Nov. 1989	
Norway ... ..	16 Nov. 1989	
Poland* ... ..	16 Nov. 1989	7 Sept. 1990
Portugal* ... ..	14 June 1990	
San Marino* ... ..	16 Nov. 1989	31 Jan. 1990
Spain* ... ..	16 Nov. 1989	
Sweden* ... ..	16 Nov. 1989	29 June 1990
Switzerland* ... ..	16 Nov. 1989	
Turkey* ... ..	16 Nov. 1989	
United Kingdom ... ..	16 Nov. 1989	

\* Subject to ratification

† On signing the Convention the Government of Denmark made the following declaration:

Declaration contained in a letter handed to the Secretary General at the time of signature, on 16 November 1989—Or. Engl.

Article 17, paragraph 1

Until further notice the signature of Denmark of this Convention does not engage Greenland and the Faroe Islands.

## APPENDIX

### Reference list of pharmacological classes of doping agents and doping methods

- I. *Doping classes*
  - A. Stimulants
  - B. Narcotics
  - C. Anabolic Steroids
  - D. Beta-blockers
  - E. Diuretics
  - F. Peptide hormones and analogues
- II. *Doping methods*
  - A. Blood doping
  - B. Pharmacological, chemical and physical manipulation
- III. *Classes of drugs subject to certain restrictions*
  - A. Alcohol
  - B. Marijuana
  - C. Local anaesthetics
  - D. Corticosteroids

### Examples

- I. *Doping classes*
  - A. Stimulants e.g.:
    - amfepramone
    - amfetaminil
    - amiphenazole
    - amphetamine
    - benzphetamine
    - caffeine\*
    - cathine
    - chlorphentermine
    - clobenzorex
    - clorprenaline
    - cocaine
    - cropropamide (component of "micoren")
    - crothetamide (component of "micoren")
    - dimetamfetamine
    - ephedrine
    - etafedrine
    - ethamivan
    - etilamfetamine
    - fencamfamin
    - fenetylline
    - fenproporex
    - furfenorex
    - mefenorex
    - methamphetamine
    - methoxyphenamine
    - methylephedrine
    - methylphenidate
    - morazone
    - nikethamide
    - pemoline
    - pentetrazol
    - phendimetrazine
    - phenmetrazine
    - phentermine
    - phenylpropanolamine

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\* For caffeine, the definition of a positive depends upon the following:—if the concentration in urine exceeds 12 micrograms/ml.

pipradol  
prolintane  
propylhexedrine  
pyrovalerone  
strychnine

and related compounds

B. Narcotic analgesics e.g.:

alphaprodine  
anileridine  
buprenorphine  
codeine  
dextromoramide  
dextropropoxyphene  
diamorphine (heroin)  
dihydrocodeine  
dipipanone  
ethoheptazine  
ethylmorphine  
levorphanol  
methadone  
morphine  
nalbuphine  
pentazocine  
pethidine  
phenazocine  
trimeperidine

and related compounds

C. Anabolic steroids e.g.:

bolasterone  
boldenone  
clostebol  
dehydrochlormethyltestosterone  
fluoxymesterone  
mesterolone  
metandienone  
metenolone  
methyltestosterone  
nandrolone  
norethandrolone  
oxandrolone  
oxymesterone  
oxymetholone  
stanozolol  
testosterone\*

and related compounds

D. Beta-blockers e.g.:

acebutolol  
alprenolol  
atenolol  
labetalol  
metoprolol  
nadolol  
oxprenolol  
propranolol  
sotalol

and related compounds

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\* For testosterone, the definition of a positive depends upon the following:—the administration of testosterone or the use of any other manipulation having the result of increasing the ratio in urine of testosterone/epitestosterone to above 6.

E. Diuretics e.g.:  
acetazolamide  
amiloride  
bendroflumethiazide  
benzthiazide  
bumetanide  
canrenone  
chlormerodrin  
chlortalidone  
diclofenamide  
ethacrynic acid  
furosemide  
hydrochlorothiazide  
mersalyl  
spironolactone  
triamterene

and related compounds

F. Peptide hormones and analogues

Chorionic Gonadotrophin (HCG—human chorionic gonadotrophin)  
Corticotrophin (ACTH)  
Growth hormone (HGH, somatotrophin)

II. *Doping methods*

- A. Blood doping
- B. Pharmacological, chemical and physical manipulation

III. *Classes of drugs subject to certain restrictions*

- A. Alcohol
- B. Marijuana
- C. Local anaesthetics
- D. Corticosteroids

*Note:*

The above list is the list of Doping Classes and Methods as adopted by the International Olympic Committee in April 1989.

